

Coastal Academy of Hypnotherapy

SOUL SCREENING© WITH PAST LIFE REGRESSION:

Leslie McIntosh

SOUL SCREENING© and why it is important in Past Life Regression:

Soul screening is a process I implemented when I could see that sometimes a client would come into a session and end up back in the same past life as they had in a previous session. I knew I had done it “right” and that I’d asked them to leave their “stuff” behind in that lifetime, but there they were again!

At the Soul level, when the Soul has left the body after the death, Soul Screening gently guides the Soul away from the lifetime and moves it through Screens that will filter out the negative experiences and emotions. Not only does this clear out the ISE, but it may clear out other symptoms the client isn’t even consciously aware of.

It will then allow the Soul to move on in pure light and love.

- Our lives are all happening at once as there is no time or space. We tend to call them Past or Future because that is our frame of reference.

- In each lifetime we are using a piece of our larger OverSoul.

- The increase in the electricity of the planet (the increased vibration) and the decrease in the magnetics is causing “bleedthroughs” or increased vibrational connections to the other lives we are living. On the positive side, this increase is also allowing for more people to be able to experience past-life regressions compared to 25 years ago. The “veil” or “barriers” are not as strong.

-Equal vibrations occurring in both lifetimes can cause the connection between what we consider to be the “past life” and the SPE or symptom producing event (some situation we experienced in this lifetime). It is not just emotional connection, it is emotional vibration.

-Just having your client “see” or “experience” the past life is not always enough to prevent further SPEs (symptom producing events, or secondary events) from popping up in the future of their current life. -It is helpful to use Soul Screening to clear the negativity so none of the Soul pieces will be pulled into that vibration again.

- Don’t reframe during the past life as the part of our Soul that is experiencing that past life has chosen to experience those things. We don’t have permission to do that.

- Do Soul Screening clearing at the end of the lifetime when you are dealing with the Soul- after the soul has left the body but before it moves “home” or to the “other side”

Tips to remember when doing past life regression include:

www.coastalacademy.ca

Coastal Academy of Hypnotherapy

- What are your client's expectations? Knowing this will make the experience a success for both of you.
- How much time do you have set aside? They may want to explore.
- Are you pricing your PLRs appropriately and getting paid for the extra time?
- Has your client ever experienced hypnosis or meditation before this? It may take longer if they haven't.
- Why are you doing this? Is it purely experiential for the client or is the intention for a specific healing? If you are doing this for healing purposes, have you proven to yourself that the ISE is not in this lifetime?
- Test for somnambulism and then deepen again before you move into the past life. Clients may "try" too hard if they are not deep enough.
- Check with the Soul to be sure it will allow this regression. When your client moves into this PLR spontaneously while you are regressing to the original cause or Initial Sensitizing Event, you do not need to ask the Soul's permission- it has been given.
- Be very literal when moving your client into the past life.
- If you use the phrase "you will be moving into a lifetime that will have the most impact or is the most important for you to see today" then you will usually be taken to a lifetime that has some "bleed through" to this one. If this is a healing PLR, it will usually contain what we call the ISE or the Initial Sensitizing Event. If your regression is for experiential purposes then the client will still get some healing benefit or some wisdom from the session.
- Do Soul Screening regardless of why the client is in the past life.
- Guide- not Lead- your client through this process with respect.

www.coastalacademy.ca