

# **THE GLASSWALK RITUAL**

**Once YOU OVERCOME AND  
EXPERIENCE IT...  
YOU will NEVER BE THE SAME!**

**IMDHA 2006 Conference  
HAPPY ANNIVERSARY!**

*Celebrating Two Decades of Hypnosis Excellence*

**Friday, 6:00 – 9:00 PM**



*"Robert Otto is the ultimate trainer and educator in transforming fears into empowerment!"*  
- Chaplin Paul G. Durbin, Ph.D., Director of Pastoral Care, Redstone Methodist Hospital

*"Not only is Robert Otto my friend and glasswalk mentor, he represents a light of inner growth that shines brightly for all to see."*  
- Henry Smith-Rohrbeg, Ph.D.

Back by popular demand! Experience the Glasswalk ritual for yourself. Watch Robert Otto lead others as they walk across shards of broken glass in their bare feet with no infliction of pain or cuts whatsoever! This is similar to the same state of consciousness that spiritual people train a lifetime to achieve. Using the power of hypnosis, you will experience a state of consciousness that will provide the body with IMMUNITY. Once you have experienced this uplifted form of trance, you will have overcome the fear of all fears. This same state can be transferred and used in your everyday personal life on any level. Once you 'overcome & experience' YOU WILL NEVER BE THE SAME!

### ***A message from Robert Otto***

The most popular question people ask is 'Why walk on glass?' Why would anyone want to put themselves at risk or subject their body to potential harm? The easiest explanation I can give is that each time a person walks on glass, snaps the cold, pointed, shards beneath their feet and reduces that glass into tiny fragments of powdery dust, a shift in their belief system begins to manifest and grow. It infuses the reality of overcoming obstacles and winning! Some may suggest that this ritual is toying with the universal laws of nature. And others may say that just the mere mention of walking on broken glass makes them 'wince at the thought of the pain' or 'cringe with the fear of the unknown'. However my philosophy has always been that by successfully challenging the physical reality of glasswalking, we empower ourselves to ponder the question: If I can achieve this... what else can I achieve? My reasoning for walking on glass is to demonstrate how I am actively involved in communicating and participating in my own reality. I have chosen a path of control and energy and refute the concept of 'impossible'. The experience of glasswalking is a spiritual ritual that is amazingly powerful! Whether you choose to experience it for yourself or simply witness it as a spectator, it will leave an indelible imprint on your psyche so awesomely inspiring you will be sure to remember it for a lifetime. So when someone asks me why I walk on glass... I simply answer... Why not?

To Your Success!

*Robert F. Otto, C.Ht.*