

# James W. Duncan, Cht

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## Biography

Named a Life Fellow of the IMDHA in 2005, James Duncan's personal experience with Hypnosis goes back more than 25 years. He states, "*At the end of the day I want to know that I not only helped people in a gentle and calming way but also brought peace of mind. I strive to help others to truly help themselves.*"

His clientele consists predominantly of people with medical concerns but he also works extensively with those seeking well-being in life and to enhance performance in many diverse fields. He is a guest lecturer & Hypnotherapist for organizations such as **Gilda's Club**, **Karmanos Cancer Institute** and **The National Marfan Foundation** Support Groups. He works with groups, performers, law enforcement & business people in finding better ways of living successfully through hypnosis. He is a well respected practitioner receiving referrals from physicians, counselors, ministers, clients and hypnosis colleagues alike and is the hypnotherapist of choice for many hypnotherapists and psychology professionals for their own personal hypnosis work. A Certified Forensic Hypnotist, he is qualified internationally to aid law enforcement investigations and participate as an expert witness in court actions.

As a member of the **Board of Directors of the International Medical & Dental Hypnotherapy Association**<sup>®</sup> and **Chairman of IMDHA's Mentoring Program**, Jim is an international consultant and mentor. In 2004 he was named **IMDHA Member of the Year** for this work.

In addition to his private practice, James Duncan helps clients across the USA and internationally with his expertise. He is a much sought after lecturer to medical and wellness professionals and has been asked to lecture on the medical uses of hypnosis as far away as India. He is an author and regular contributor to many publications and is the former Editor of *Subconsciously Speaking*, The IMDHA newsletter.

## Specializations

Complimentary Approaches to Cancer Treatment ~ Faith Based Hypnosis ~ Pre and Post Operative Hypnotherapy ~ Allergy Elimination Therapy ~ Smoking Cessation ~ Weight Control ~ Stress Management ~ Regression Therapy ~ Personal Growth and Goal Achievement ~ Inner Healing

